

Activate America! Activate Wapakoneta!

Activate America is a national YMCA initiative to address the lifestyle crisis in the United States with a focus on health seekers. Health Seekers are people of all ages who try to live a healthy lifestyle but struggle to do so. Their successful pursuit of health and well-being requires continuous, supportive relationships and environments.

Your Wapakoneta Family YMCA is committed to reaching out to health seekers to give them the guidance they need to make positive lifestyle changes. We are continuously making changes that will benefit health seekers. Some of the changes including:

- **Removing regular soda from the vending machines**
- **Adding levels on our Group Fitness and Water classes to make it easier to choose a class based on exercise level**
- **Increased staffing in the Wellness Center with the additional of Wellness Coaches to offer guidance to members**
- **Debuted online registration Winter I 2012 to make it easier to register for YMCA programs**

Activate America is an ongoing initiative and we will continue to make changes to support health seekers in and out of the Wapakoneta Family YMCA.